

Pharmacists Rehabilitation Organization



PRO, Inc.

- ▶ Pharmacists Rehabilitation Organization is a 501 (c)(3) non-profit and volunteer, peer assistance organization
- ▶ PRO works with pharmacists and student pharmacists with drug dependency in the following areas:
 - Assessment for the need for treatment
 - Refer to treatment
 - Monitor recovery from the disease for addiction
 - Advocate for client to regulatory agencies

What is PRO?

Pharmacists Rehabilitation Organization



Mission and Goals

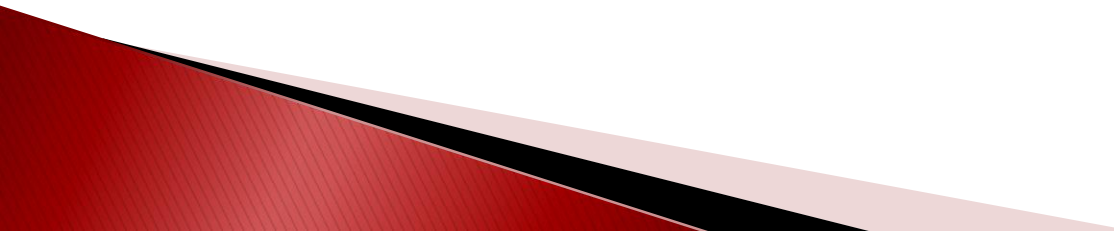
▶ Mission

- To educate and inform the profession of pharmacy concerning chemical dependency, a treatable disease that affects up to 15% of its members

▶ Primary Goal

- Help addicted pharmacists find recovery from their active disease

History of PRO

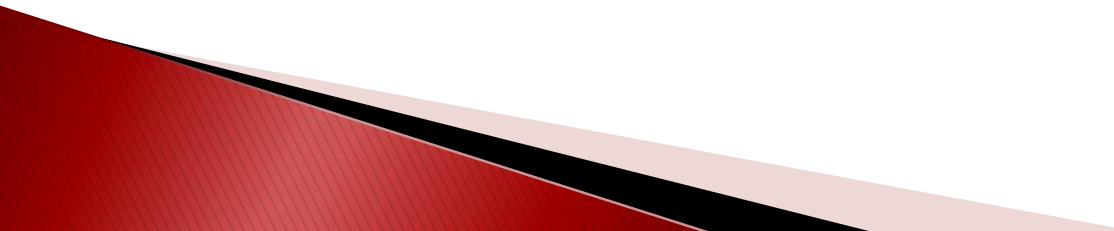
- ▶ Primary purpose is recovery
 - ▶ Founded in 1984 by Ohio Pharmacists Association, Ohio Society of Health-System Pharmacists and with the help and understanding of the Ohio State Board of Pharmacy
 - ▶ Part of Ohio's Pharmacists Recovery Network (PRN)
 - ▶ Helped over 330 pharmacists and pharmacy students
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Board of Trustees

- ▶ PRO Board of Trustees is made up of seven pharmacists
- ▶ Each pharmacist is appointed to a three year term
 - Three pharmacists are members of and appointed by OPA
 - Three pharmacists are member of and appointed by OSHP
 - One pharmacists from academia

Monitoring Pharmacists

Program – Phase I

- ▶ Assessment
 - ▶ Detoxification
 - ▶ Participation in an approved residential or outpatient treatment program
 - ▶ Contractual agreement
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New Client Protocol

- ▶ Prospective client must be seen for an evaluation at the treatment center of our choosing, or treatment center approved by PRO's Executive Director
- ▶ Approved Treatment Centers
 - Shepherd Hill
 - Glenbeigh
 - Questhouse
 - Cornerstone of Recovery
 - The Ridge
- ▶ All programs have experience treating impaired health care professionals
- ▶ Most impaired pharmacists require inpatient treatment
- ▶ Must offer family counseling

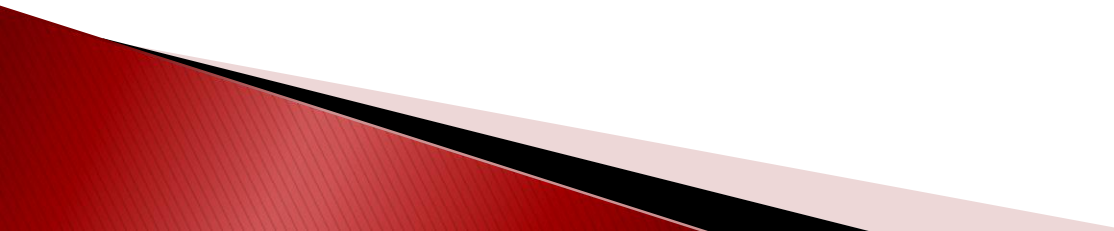
New Client Protocol

- ▶ Client must sign a medical release of information to Executive Director of PRO Inc.
- ▶ Client must completely follow recommendation of treatment center
 - If treatment is required this must be accomplished as soon as possible
 - Treatment must be started within 7 days at the latest
 - Treatment center must provide the following:
 - Written initial evaluation
 - Discharge summary
 - Plan for continued recovery
- ▶ After successfully completing treatment, client will be signed to a monitoring contract

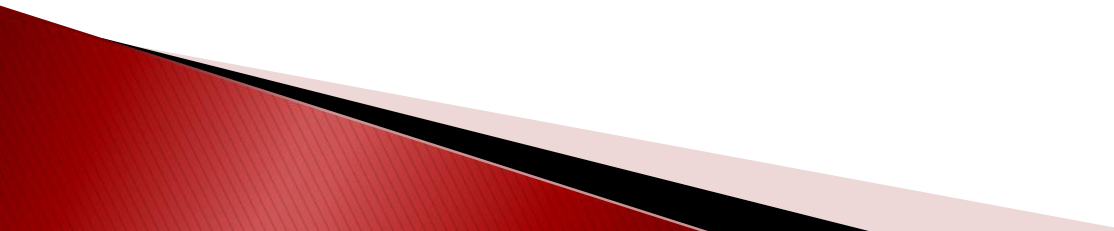
Program – Phase II

- ▶ A minimum of 5 years of maintenance treatment, to include:
 - Attendance at local Alcoholics Anonymous or Narcotics Anonymous meetings
 - Participation in meetings of recovering pharmacists as assigned (monthly)
 - Outpatient therapy as recommended by the treatment program (aftercare) for one year
 - Family participation in Alcoholics Anonymous, Narcotics Anonymous or similar programs and family therapy if possible

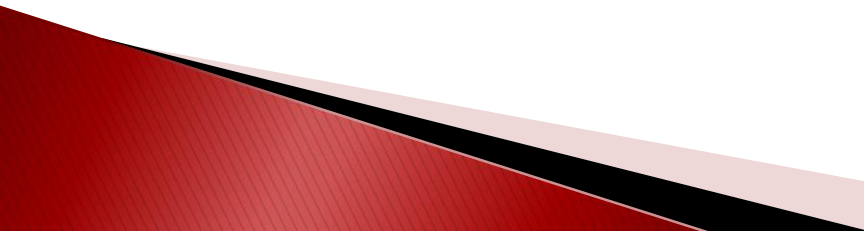
Maintenance and Monitoring

- ▶ Attendance at a minimum of three local AA or NA meeting per week
 - ▶ Assignment of PRO monitor
 - ▶ Weekly contact with PRO monitor
 - ▶ 12-step program Sponsorship
 - ▶ Attendance at pharmacist peer assistance group meetings monthly
 - ▶ Collection of blood, urine, or hair samples
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Maintenance and Monitoring

- ▶ Suspension of the practice of pharmacy
 - ▶ Suspension of self-care
 - ▶ Identify and develop relationship with primary care provider
 - ▶ Resumption of employment
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Data

- ▶ PRO has helped over 320 pharmacists and pharmacy interns
 - ▶ PRO has data on 206 clients
 - ▶ 143 PRO clients have been eligible for reinstatement with the OBSP
 - ▶ 140 have been reinstated (97.9%)
 - ▶ 109 have been under contract long enough to complete contract
 - ▶ 103 have completed the contract (94.5%)
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Website: www.ohiopros.org