## A COLLEGE'S ROLE: Preparing our future practitioners to address substance and drug abuse



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#### OUTLINE

- Provide insights to AACP Curricular Guidelines for Substance Abuse and Addictive Diseases
- Engage in open discussion of best of practices with audience members



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#### What year did you graduate (YYYY format)?

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#### THIS IS NOTHING NEW

Development in curricular guidelines for college/schools of pharmacy

- Prepare students to problem-solve issues surrounding
  - Alcohol
  - Drugs of abuse
  - Addictive disease states



### WHAT DO WE NEED TO DO? (STRATEGY)

Educate student pharmacists (all within the curriculum)

#### AACP

- Curricular Guidelines for Pharmacy: Substance Abuse/Addictive Disease
- Guidelines for Development of Addiction and Related Disorder Policies
- Constructed with 4 major content areas
  - Psychosocial aspects of alcohol and other drug use
  - Pharmacology and toxicology of abused substances
  - Identification, intervention and treatment of people with addictive diseases
  - Legal/ethical issues



## WHAT DO WE NEED TO DO? (STRATEGY)

#### Specific objectives

Describe patterns of addiction	Explain addiction impact of a pharmacist
Describe RF, abuse potential, patterns for psychoactive drugs and laws that regulate use	Describe pharmacology and toxicology properties
Describe addiction as a disease, effects on families/society	Recognize impairment, describe intervention actions, assistance with resources
Utilize resources within the profession to obtain assistance for addicted colleagues/student pharmacist	Described modalities of addiction treatment, utilize methods for providing ongoing support
Counsel individuals who are recovering from addictive diseases concerning appropriate use of hearbal/supplement, OTC/Rx drugs	Advocate for pharmacist involvement in community substances abuse addiction education/prevention



- Some specifics are provided, but the rest is left up to the school
- Recommendations to address the 4 major content areas
  - ①Psychosocial aspects of alcohol and other drug use
    - Initiated within the first 3 semesters (required courses)
  - 2 Pharmacology and toxicology of abused substances
    - Preferred to be in the course sequences of offering , provided by faculty or quest expert lecturers
  - ③Identification, intervention and treatment of people with addictive diseases
    - Suggested <u>></u> 4 hours devoted to curriculum
    - Basics of student/professional peer assistance introduced within 1 month after orientation

#### ④Legal/ethical issues

- Core jurisprudence classes
- Campus substance abuse/student assistance policies/procedures and rules within 1 month after matriculation



#### Didactic Course Work

- Self Care
- Pharmacotherapeutics
- Pharmacology/Toxicology
- Electives
- Experientials
  - Service Learning
  - IPPE
  - APPE
  - External Intraprofessional Collaborations
  - Empathy Exercises
- Extracurricular Student Organizations



- Didactic Course Work
  - Carved out time in specific required classes
  - Create learning opportunities with guest speakers
  - Create exercises to engage in the community / literatures to discover the issue at hand and create solutions
  - Held responsible for material like other course work
  - Electives for Mental health, Drugs of Abuse, Addiction, Interprofessional enrolled coursework
  - Indicate ways the Educators have done this?
  - Indicate ways the Associations have assisted with this?
  - Indicate ways individual pharmacists have helped student pharmacists with this?



#### Experientials

- IPPE
- APPE
- Service Learning (module-based or longitudinal)
- Indicate ways the Educators have done this?
- Indicate ways the Associations have assisted with this?
- Indicate ways individual pharmacists have helped student pharmacists with this?
- Indicate ways Industry partnerships have addressed this?



Student Organizations and Community Involvement

- Indicate ways the Educators have done this?
- Indicate ways the Associations have assisted with this?
- Indicate ways individual pharmacists have helped student pharmacists with this?
- Indicate ways Industry partnerships have addressed this?



### REPORT CARD – KEEPING IT REAL

- Where do we currently stand with satisfaction on the other players level of involvement in this fight?
  - Where can we create better opportunities for growth?
  - From the State Boards and Associations, what should pharmacy schools do better?
  - From the Schools, what should States Boards and Associations offer?
  - From an Employer, are we meeting your expectation?



#### FINAL THOUGHTS

# •We all know what needs to be done, the biggest challenge is how to do it!





